

OKLAHOMA AAU

YOUTH ATHLETIC COMMITTEE



2008 AAU ELIGIBLE EVENTS BY AGE GROUP

PRIMARY DIVISION

100 m dash	200 m dash	400 m dash
800 m dash	Long Jump	Shot Put (4 lbs)

SUB BANTAM & BANTAM DIVISIONS

100 m dash	200 m dash	400 m dash
800 m run	1500 m run	Long Jump
High Jump	Shot Put (6 lbs)	

SUB MIDGET & MIDGET DIVISIONS

100 m dash	200 m dash	400 m dash
800 m run	1500 m run	3000 m run
80 m hurdles (30")	Long Jump	High Jump
Discus (1 kg)	Shot Put (6 lbs)	

SUB YOUTH & YOUTH DIVISIONS

100 m dash	200 m dash	400 m dash
800 m run	1500 m run	3000 m run
100 m hurdles (B-33")	100 m hurdles (G-30")	200 m hurdles (30")
Long Jump	Triple Jump	High Jump
Pole Vault	Shot Put (B-4 kg)	Shot Put (G-6 lbs)
Discus (1 kg)	Javelin (600 g)	

INTERMEDIATE & YOUNG MEN/WOMEN DIVISIONS

100 m dash	200 m dash	400 m dash
800 m run	1500 m run	3000 m run
110 m hurdles (B-39")	100 m hurdles (G-33")	400 m hurdles (B-36")
400 m hurdles (G-30")	2000 m Steeplechase	Long Jump
Triple Jump	High Jump	Pole Vault
Shot Put (B-12 lbs)	Shot Put (G-4 kg)	Discus (B-1.6 kg)
Discus (G-1 kg)	Javelin (B-800 g)	Javelin (G-600 g)

*Turbo Javelin (500 g) is optional in all competitions in the Primary through Midget Divisions, but will not be conducted at AAU Oklahoma District (state), Region 8 or National Championships.

RELAYS are conducted in the Primary (4x100 only), Bantam, Midget, Youth, Intermediate, and Young Men/Women divisions only. The Primary* and Sub-Bantam divisions may run in the Bantam division; Sub-Midgets may run in the Midget division; and Sub-Youth may run in the Youth division in Relays ONLY.

***Primary may run in the Bantam division in the 4 x 400. They must compete in the Primary division in the 4 x 100.**

AUTHORIZED RELAY EVENTS:

PRIMARY	4 x 100
BANTAM:	4 X 100; 4 X 400
MIDGET:	4 X 100; 4 X 400; 4 X 800
YOUTH:	4 X 100; 4 X 400; 4 X 800
INTERMEDIATE:	4 X 100; 4 X 400; 4 X 800
YOUNG MEN/WOMEN:	4 X 100; 4 X 400; 4 X 800

